**RERA Coaching Guidelines**

**Bench Staff**

* All on ice participants and bench staff MUST be listed on your roster. (Meaning a parent cannot just come out to help at a practice on ice – RMA rule as well.)
* All bench staff and on ice participants must sign a Bench Code of Conduct form. Also every year a Child Abuse Registry form need to be filled out by November 1st of that calendar year and sent in to the Ringette Manitoba office.
* RERA would like to ensure, when a team has players from another association you have at least one parent from those associations on your roster or helping with your team. Ie. Goalie coach, manager, assistant coach, dressing room Mom, parent rep, etc.
* Teams should have a parent rep. This way any issues that come up should be directed to the parent rep and they can discuss with coaching staff. Make sure parent rep lets parents know the 24 hour rule is always used.
* Coaching staff is also to respect the 24 hour rule.

**Dressing Room**

* Coaches and team staff should only be allowed in the dressing room.
* Male coaches should only enter the dressing room if there is a female coach/manager/dressing room.
* Players who need their skates tied (U10) should carry their skates outside of the dressing room and have them tied there. U12 and up they should be tying their own skates. If they cannot then they should do the same.
* Team warm up should be done outside the dressing room.
* Music should be respectfully played; meaning volume control and song selection should be radio appropriate.

**Game Sheets**

* Home team provides these for all home games and should be filled out now with all of the proper info on it. List everyone on your games sheet because if you forget them, they cannot play or be added late.
* Please give the game sheet to the visiting team at least 15 minutes prior to game time.